Basic Safe Paddling Practices:

- Take a paddling instruction course
- Always wear a life jacket
- Wear bright colored clothing and reflectors
- Never paddle alone
- Inform others of your trip
- Routinely inspect all equipment
- Learn your route ahead of time
- Avoid high water, high winds and storms, and cold water
- “If in doubt, get out and scout!”
- Never paddle over submerged dams or fallen trees

Helpful Resources

- American Canoe Association
  www.Americancanoe.org
- Michigan Association Paddlesport Providers
  www.Michigancanoe.com
- Michigan’s Great Lakes Water Trails
  www.Michiganwatertrails.org

Interested in canoeing, kayaking, and improving paddling opportunities in Mid-Michigan?
Join the Lansing Oar and Paddle Club!
For more information visit
www.Loapc.org

Red Cedar River Water Trail

The Red Cedar River is a tremendous resource for outdoor enthusiasts throughout Mid-Michigan. It provides numerous opportunities for recreation, education and nature observation. Experience the 23 mile - 14 hour Red Cedar River Water Trail from Williamston to the Grand River confluence at River Street Park / Sweeney’s Landing in Lansing.
<table>
<thead>
<tr>
<th>Mile #</th>
<th>Launch Point</th>
<th>Distance to Next Launch</th>
<th>Accumulated Distance</th>
<th>Time to Next Launch</th>
<th>Accumulated Time</th>
<th>Seasonal Restroom</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>McCormick Park</td>
<td>6 miles</td>
<td>6 miles</td>
<td>2 hours</td>
<td>2 hours</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>Red Cedar Roadside Park</td>
<td>1.8 miles</td>
<td>7.8 miles</td>
<td>1.5 hours</td>
<td>3 hours</td>
<td>Yes</td>
</tr>
<tr>
<td>3</td>
<td>Harris Nature Center</td>
<td>2.4 miles</td>
<td>10.2 miles</td>
<td>3 hours</td>
<td>6 hours</td>
<td>Yes</td>
</tr>
<tr>
<td>4</td>
<td>Ferguson Park</td>
<td>4.8 miles</td>
<td>15 miles</td>
<td>3.5 hours</td>
<td>9 hours</td>
<td>No</td>
</tr>
<tr>
<td>5</td>
<td>MSU</td>
<td>3.2 miles</td>
<td>23.2 miles</td>
<td>1 hour</td>
<td>12.5 hours</td>
<td>No</td>
</tr>
<tr>
<td>6</td>
<td>Aurelius Road/Kruger Landing</td>
<td>1.9 miles</td>
<td>25.1 miles</td>
<td>1 hour</td>
<td>13.5 hours</td>
<td>Yes</td>
</tr>
<tr>
<td>7</td>
<td>Confluence with Grand River</td>
<td>.3 miles</td>
<td>22.5 miles</td>
<td>0.25 hours</td>
<td>13.75 hours</td>
<td>No</td>
</tr>
<tr>
<td>8</td>
<td>River Street Park/Sweeney's Landing</td>
<td>.3 miles</td>
<td>22.8 miles</td>
<td>0.25 hours</td>
<td>13.75 hours</td>
<td>No</td>
</tr>
</tbody>
</table>